

Asthma Triggers

E M O T I O N S W N P N C P S
C E O E K Y C T R T E D H H M
H R X L K Q F A E S R G M B O
T O N E D O E C E W F L L Z Z
W D I W R H M T U X U W P I G
C S D L O C T S C G M H D Z V
I W M Q B E I J A E E G M X Y
W G W K R P V S J U I K L K F
S S X A R S O T E J W O K T G
G J G Q T D U S T N N T R O U
W I P R B J C F J G O W M S J
C U E V D L V B N H O S B G H
I S V Z Y U J T Y F B A J R S
S H D U L A P R C K S Y V T A
E Z A F A P W V Y E I F X E W

CATS
DUST
MOLD
SMOKE

CIGARETTES
EMOTIONS
PERFUME
STRESS

COLDS
EXERCISE
SMOG